

Trysilrypa 2026

lør. 05 sep 2026

Løp 6km / 30-39 Official results

Jury/Competition management					Data of course			
Technical Delegate					Name of course			
Assistand Technical Delegate					Height Difference (HD)			
Assistant TD Nat.					Maximum climb (MM)			
Chief of Competition					Total Climb (MT)			
Codex					Laps			
					Laplength			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	179	0	Gudrun Ildstad	RammeRyper		0:30:10,02	00:00,00	
2	210	0	Inger Lise Strømsvik	Hitrarpan		0:35:28,47	05:18,44	
3	202	0	Vanessa Dahl -Gangstad	NOTEAM		0:35:55,04	05:45,01	
4	184	0	Roxana Thalia Rizu	NOTEAM		0:36:31,91	06:21,89	
5	241	0	Tine Tollefsbøl	NOTEAM		0:36:33,33	06:23,30	
6	208	0	Elin Johannessen	NOTEAM		0:38:52,15	08:42,12	
7	193	0	Gina Madelen Andreassen	Queen team		0:38:59,87	08:49,84	
8	176	0	Gry-Mona Nordli	NOTEAM		0:39:09,32	08:59,29	
9	211	0	Magna Helen Strømsvik	Hitrarpan		0:40:06,60	09:56,57	
10	205	0	Marie Sylten	Montrose		0:40:33,66	10:23,63	
11	233	0	Lise Berlioz	NOTEAM		0:41:23,12	11:13,09	
12	230	0	Siri Therese Dannemark	RammeRyper		0:41:43,97	11:33,94	
13	226	0	Marte Halvorsen	RammeRyper		0:41:43,98	11:33,95	
14	232	0	Camilla Cecilie Øien	NOTEAM		0:42:17,92	12:07,90	
15	182	0	Ida Moen	NOTEAM		0:42:23,81	12:13,78	
16	194	0	Frances Lingjærde	NOTEAM		0:42:32,73	12:22,70	
17	239	0	Anna Aronsson	Svarteborgsgym		0:43:46,73	13:36,70	
18	212	0	Ellen Holter	Væssia Trim og Vin		0:44:49,92	14:39,89	
19	237	0	Iselin Larsen	NOTEAM		0:44:50,01	14:39,98	
20	238	0	Lise-Marie Torstensen	NOTEAM		0:44:50,79	14:40,76	
21	229	0	Ulla Andersson	NOTEAM		0:44:55,82	14:45,79	
22	236	0	Viktoria Halukhina	NOTEAM		0:45:05,06	14:55,03	
23	199	0	Eline Heltorp	Pubjentene		0:45:16,32	15:06,29	
24	227	0	Kim Louise Soleng	Søstrene Sisters		0:45:59,00	15:48,98	
25	234	0	Monica Linnerud Fjeldstad	Markabygda IL		0:45:59,04	15:49,01	
26	220	0	Ciea Grønlund	NOTEAM		0:46:08,40	15:58,37	
27	196	0	Linn-Cathrine Lingjærde	Queen team		0:46:28,50	16:18,47	
28	209	0	Anine Wold	NOTEAM		0:47:01,14	16:51,11	
29	183	0	Heidi Brennodden	Ottestadrypene		0:47:19,55	17:09,52	
30	185	0	Silje Stensbøl	NOTEAM		0:47:30,73	17:20,70	
31	225	0	Thea Beckmann	NOTEAM		0:47:51,74	17:41,72	
32	188	0	Tove Bakkelund	NOTEAM		0:47:59,04	17:49,02	
33	218	0	Victoria Silva	NOTEAM		0:48:11,35	18:01,32	
34	216	0	Chloe Berg	NOTEAM		0:48:27,30	18:17,27	
35	192	0	Cecilie Charlotte Lingjærde	Queen team		0:48:57,16	18:47,13	
36	198	0	Monika Steinstø	Pubjentene		0:49:24,88	19:14,85	
37	65	0	Marlen Nilsen	NOTEAM		0:49:45,79	19:35,76	
38	177	0	Jenny Sellberg	NOTEAM		0:49:50,16	19:40,13	
39	223	0	Tammi Gustafsson Nadel	NOTEAM		0:50:58,59	20:48,56	
40	224	0	Lena Carlen	NOTEAM		0:51:13,43	21:03,40	

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Technical Delegate	Name of course
Assistand Technical Delegate	Height Difference (HD)
Assistant TD Nat.	Maximum climb (MM)
Chief of Competition	Total Climb (MT)
Codex	Laps
	Laplength

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
41	213	0	Ellen Beck	Gjerdrum		0:51:27,29	21:17,26	
42	195	0	Liz Wessel	Queen team		0:52:44,20	22:34,18	
43	197	0	Trine Opsahl	Queen team		0:52:44,28	22:34,25	
44	228	0	Anna Dean	NOTEAM		0:53:48,76	23:38,73	
45	201	0	Rebecca Kotton	NOTEAM		0:56:10,09	26:00,06	
46	217	0	Christine Svarthol	NOTEAM		0:56:31,08	26:21,05	
47	204	0	Tanja Hande	Montrose		0:56:34,02	26:23,99	
48	214	0	Hege Berglund	NOTEAM		0:56:49,96	26:39,93	
49	215	0	Erle Nerli	NOTEAM		0:56:50,19	26:40,16	
50	200	0	Anna Vig Langørgen	NOTEAM		0:58:38,84	28:28,81	
51	206	0	Emilie Hande	Montrose		0:59:14,48	29:04,45	
52	203	0	Christina Hande	Montrose		0:59:24,61	29:14,58	
53	222	0	Særún Baldursdottir	NOTEAM		1:10:39,07	40:29,04	
54	221	0	Ester Sigurdardottir	NOTEAM		1:10:39,19	40:29,16	
55	187	0	Astrid Johnsen	NOTEAM		3:33:09,05	3:02:59,02	
	178	0	Anine Dannemark Herje	RammeRyper		DNF		
	190	0	Elise Guthus Aandstad	NOTEAM		DNS		
	181	0	Siri Therese Dannemark	RammeRyper		DNS		
	180	0	Silje Rebekka Kierulf	RammeRyper		DNS		
	219	0	Ranveig Sandsengen	NOTEAM		DNS		
	186	0	Pia Kangas	NOTEAM		DNS		
	231	0	Oda Løtuft Johansen	RammeRyper		DNS		
	235	0	Mona Berger	NOTEAM		DNS		
	207	0	Linda Eriksson	NOTEAM		DNS		
	191	0	Stina Olsen	NOTEAM		DNS		
	189	0	Madeleine Johansson	NOTEAM		DNS		

Number of entered: 66

Number of started: 56

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Technical Delegate					Name of course			
Assistand Technical Delegate					Height Difference (HD)			
Assistant TD Nat.					Maximum climb (MM)			
Chief of Competition					Total Climb (MT)			
Codex					Laps			
					Laplength			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
1	77	0	Ingeborg Kristensen Hoftun	NOTEAM		1:05:44,51	00:00,00	
2	75	0	Ingvild Kåshagen	NOTEAM		1:07:22,65	01:38,14	
3	108	0	Lena-Mari Aas	Markabygda IL		1:16:24,86	10:40,35	
4	126	0	Pernilla Celsing	Team Celsing		1:16:57,85	11:13,34	
5	44	0	Birgitte Bie Mørkved	Mageli		1:18:18,88	12:34,37	
6	23	0	Malin Månesjö	Bästa system		1:18:57,72	13:13,21	
7	118	0	Karen Maria Dæhli	NOTEAM		1:19:17,80	13:33,29	
8	131	0	Lena Flyborn	Rörbäcksnäs IS		1:20:17,98	14:33,47	
9	87	0	Camilla Brunsberg	NOTEAM		1:21:26,43	15:41,92	
10	127	0	Gunn Marit Nybrenna	Trysilgutten IL		1:21:44,07	15:59,55	
11	93	0	Janita Vike	NOTEAM		1:24:22,93	18:38,42	
12	84	0	Heidi Holmen Degvold	2 mødre 0 brems		1:24:23,43	18:38,92	
13	9	0	Cathrine Søreide	NOTEAM		1:25:04,51	19:20,00	
14	56	0	Tove Strand	NOTEAM		1:25:29,74	19:45,23	
15	66	0	Silje Lisbakken	NOTEAM		1:25:42,69	19:58,18	
16	83	0	Ann-Jeanette Gjengedal	NOTEAM		1:25:42,99	19:58,48	
17	104	0	Kathrine Opsahl Larsen	Vestre Toten		1:25:55,85	20:11,34	
18	4	0	Jeanette Grunnan	TINE SA		1:26:03,84	20:19,33	
19	99	0	Hanne Günther	NOTEAM		1:26:30,04	20:45,53	
20	74	0	Berit Melbø	NOTEAM		1:26:34,60	20:50,09	
21	117	0	Karoline Poulsen	NOTEAM		1:26:52,84	21:08,33	
22	98	0	Charlotte Surén	NOTEAM		1:26:52,99	21:08,48	
23	85	0	Elise Muhlbradt	NOTEAM		1:28:31,53	22:47,02	
24	17	0	Caja Skyvulstad	NOTEAM		1:28:34,69	22:50,18	
25	3	0	Unni Sverdrup-Thygeson	Fjellgeitene		1:29:13,59	23:29,08	
26	1	0	Mari Sverdrup-Thygeson	NOTEAM		1:29:13,67	23:29,16	
27	119	0	Randi Merethe Tveiten	Strandbygda IL		1:29:19,77	23:35,26	
28	37	0	Emma Gustavsson	NOTEAM		1:29:40,19	23:55,67	
29	88	0	Merete Marcussen	NOTEAM		1:30:33,23	24:48,71	
30	91	0	Maren Buodd	NOTEAM		1:30:34,07	24:49,56	
31	82	0	Rose Heian	NOTEAM		1:32:11,53	26:27,01	
32	49	0	Marie Helen Grønvold	NOTEAM		1:32:20,25	26:35,74	
33	112	0	Line Lunde Tannaneset	NOTEAM		1:32:36,23	26:51,72	
34	113	0	Hanne Lunde	NOTEAM		1:32:36,30	26:51,79	
35	64	0	Marte Forsberg	NOTEAM		1:32:55,19	27:10,68	
36	5	0	Ragnhild Abusland	NOTEAM		1:33:31,39	27:46,88	
37	59	0	Marita Koxvig	NOTEAM		1:34:18,27	28:33,76	
38	61	0	Cecilie Werme Aarstad	NOTEAM		1:34:34,56	28:50,05	
39	97	0	Malin Klauset	NOTEAM		1:34:57,66	29:13,15	
40	96	0	Ine Marie Wikestad	NOTEAM		1:34:58,11	29:13,59	

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Assistand Technical Delegate					Height Difference (HD)			
Assistant TD Nat.					Maximum climb (MM)			
Chief of Competition					Total Climb (MT)			
Codex					Laps			
					Laplength			
Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
41	95	0	Ingrid Quist-Løkken	NOTEAM		1:34:58,28	29:13,77	
42	6	0	Linn Beate Andersen	NOTEAM		1:35:14,40	29:29,89	
43	78	0	Juliane Rolstad	NOTEAM		1:35:35,94	29:51,43	
44	24	0	Katarina Engerberg	Bästa system		1:35:49,33	30:04,82	
45	101	0	Dina Stensrud	NOTEAM		1:36:11,13	30:26,62	
46	122	0	Ida H. Maudal Larsen	NOTEAM		1:36:20,30	30:35,79	
47	55	0	Eva Moshuus	NOTEAM		1:37:12,58	31:28,07	
48	50	0	Emma Johnsen	NOTEAM		1:37:12,66	31:28,15	
49	121	0	Toini Jeanette Lindberg	NOTEAM		1:37:20,68	31:36,17	
50	86	0	Aurora Haug	NOTEAM		1:37:33,89	31:49,38	
51	79	0	Tordis Myhren	NOTEAM		1:37:39,63	31:55,12	
52	48	0	Henriette Hammersborg	NOTEAM		1:37:49,01	32:04,50	
53	62	0	Lea Werme Aarstad	NOTEAM		1:38:10,08	32:25,57	
54	71	0	Mona Sletten	NOTEAM		1:39:06,85	33:22,34	
55	68	0	Kristine Kjærstad	Treerbanden		1:39:33,60	33:49,09	
56	67	0	Cathrine Thorsen-Vidic	2 mødre 0 brems		1:40:26,24	34:41,73	
57	125	0	Marte Nesle	Team Fræs		1:43:13,41	37:28,89	
58	124	0	Tonje Moberg	Team Fræs		1:43:13,49	37:28,97	
59	103	0	Sofie Sterner	NOTEAM		1:43:21,22	37:36,71	
60	80	0	Miriam Skjæveland	NOTEAM		1:43:27,62	37:43,11	
61	52	0	Renate Ytterdal	Chh!		1:43:36,44	37:51,93	
62	51	0	Julie Bjerke	Chh!		1:43:36,51	37:52,00	
63	35	0	Jelena Nordin	NOTEAM		1:43:40,24	37:55,73	
64	92	0	Toril Ingeborg Barstad	NOTEAM		1:43:42,16	37:57,65	
65	94	0	Lene Ree Thiemer	NOTEAM		1:43:42,17	37:57,66	
66	111	0	Julia Hagen	NOTEAM		1:43:45,36	38:00,85	
67	106	0	Hilde Johansen	NOTEAM		1:43:45,62	38:01,11	
68	102	0	Tone Lise Stensrud	NOTEAM		1:44:45,56	39:01,05	
69	38	0	Anna Wahlström	NOTEAM		1:45:52,62	40:08,11	
70	26	0	Sabina Redblad	NOTEAM		1:46:15,13	40:30,62	
71	53	0	Eline Paulsen	NOTEAM		1:46:20,10	40:35,59	
72	54	0	Trude Marie Hov	NOTEAM		1:46:29,61	40:45,10	
73	128	0	Hilde Rønnes Stensby	NOTEAM		1:46:43,17	40:58,66	
74	2	0	Marthe Elise Østbråthen	Fjellgeitene		1:48:38,14	42:53,63	
75	7	0	Stine Laeskogen	NOTEAM		1:49:35,76	43:51,25	
76	130	0	Linn Olsson	NOTEAM		1:50:11,86	44:27,35	
77	129	0	My Berglund	NOTEAM		1:50:13,60	44:29,09	
78	123	0	Mari Øien	NOTEAM		1:50:16,78	44:32,26	
79	21	0	Angelica Holmström	NOTEAM		1:50:32,54	44:48,03	
80	16	0	Jonna af Geijerstam	NOTEAM		1:50:50,98	45:06,46	

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Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points	
81	47	0	Gabriela Stojicevic	NOTEAM		1:50:51,07	45:06,56		
82	110	0	Kjersti Jørstad	NOTEAM		1:51:02,16	45:17,65		
83	76	0	Una Lund	NOTEAM		1:51:04,13	45:19,62		
84	10	0	Anna-Karin Hempel	NOTEAM		1:51:22,05	45:37,54		
85	12	0	Maria Hempel	NOTEAM		1:51:22,21	45:37,70		
86	116	0	Mia Malbert	Fjäll & Flås		1:52:12,85	46:28,34		
87	120	0	Elin Mankert	Fjäll & Flås		1:53:04,76	47:20,25		
88	22	0	Anita Johansen	Selsbakk IF		1:53:20,60	47:36,09		
89	27	0	Liv Hanne Hammervik	NOTEAM		1:53:20,87	47:36,36		
90	40	0	Tonje Bekken	NOTEAM		1:53:23,64	47:39,13		
91	73	0	Thea E.H. Aaslund	NOTEAM		1:53:43,81	47:59,30		
92	107	0	Thuridur Osk Eliasdottir	NOTEAM		1:55:19,73	49:35,22		
93	105	0	Guro Jensen	NOTEAM		1:56:44,45	50:59,94		
94	57	0	Ida Emilie Tollefsen Sande	NOTEAM		1:57:49,59	52:05,08		
95	70	0	Annette Hallert	Treerbanden		1:58:08,63	52:24,12		
96	69	0	Tina Selland	Treerbanden		1:58:13,14	52:28,63		
97	109	0	Malena Holmberg	Flås & fjäll		2:00:45,50	55:00,99		
98	115	0	Christina Alsnäs	Flås & fjäll		2:00:45,53	55:01,02		
99	29	0	Ellen Kristoffersen Bjørnebo	NOTEAM		2:04:56,61	59:12,09		
100	30	0	Marie Sve	NOTEAM		2:04:57,19	59:12,68		
101	18	0	Natalie Johanna Nordseth	NOTEAM		2:15:50,88	1:10:06,37		
102	19	0	Marianne Stenstad Øvrevik	NOTEAM		2:15:51,19	1:10:06,68		
	100	0	Michelle Furulund Billing	NOTEAM		DNF			
	58	0	Veronica Olsson	Finstadrypene		DNF			
	39	0	Carolina Flood	NOTEAM		DNF			
	81	0	Gudrun Magnusdottir	NOTEAM		DNS			
	45	0	Maria Fenger-Krog	NOTEAM		DNS			
	90	0	Marie Grøtterud	Kvelde IL ski		DNS			
	20	0	Marthe Fondt	NOTEAM		DNS			
	43	0	Mette Nielsen	NOTEAM		DNS			
	34	0	Malene Frønæs	Hvilepuls		DNS			
	72	0	Pernille Gullikstad	NOTEAM		DNS			
	11	0	Siri Anne Arentz-Amundsen	Team Musemor		DNS			
	8	0	Thea Marie Johannessen	NOTEAM		DNS			
	42	0	Monika Rutle	NOTEAM		DNS			
	13	0	Julie Aalseth-Slettum	NOTEAM		DNS			
	60	0	Irene Fog	NOTEAM		DNS			
	32	0	Elisabeth Sandset	NOTEAM		DNS			
	28	0	Eline Wiersholm-Lindemark	NOTEAM		DNS			
	114	0	Caroline Mjårdner	Fjäll & Flås		DNS			

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Chief of Competition	Total Climb (MT)
Codex	Laps
	Laplength

Rank	Startno	Fis code	Name	Team	Nation	Time	Diff.	Fis Points
	31	0	Camilla Haugen Lorvik	NOTEAM		DNS		
	46	0	Berit Wikman	NOTEAM		DNS		
	25	0	Anna Olsen	SSK		DNS		
	63	0	Angela Claire Wermuth	NOTEAM		DNS		
	33	0	Andrea Kvifte	Hvilepuls		DNS		
	41	0	Alexandra Bortey Ekenkrantz	NOTEAM		DNS		
	89	0	Hanna Flood	NOTEAM		DNS		
	14	0	Elin Angel Therese Haukedal	NOTEAM		DNS		
	15	0	Renate Håkelien	NOTEAM		DNS		

Number of entered: 129

Number of started: 105