

WELCOME

Dust off the snow and enter into the warmth of Kulpen SPA. The spa's name is built on the feeling you have after a long day at the slopes. Longing to indulge yourself in a warm pool (kulp) and allow the heat to embrace you in the view of nature's beautiful scenery.

Enjoy the indoor or outdoor pools with soothing water, while watching the silhouettes of the pine trees against the sky.

WELCOME!

SUPPLIER

BABOR

BABOR Cosmetics is a German brand with over 60 years of experience in cosmetics, individual skin and body products. Like all German brands, Babor too is characterized by its seriousness and quality. Babor has signature treatments for relaxation, luxury, pampering and wellness experiences.

Kulpen
SPA

IMPORTANT INFORMATION



Avoid shaking hands.



Hands should be washed/disinfected before and after the treatment.



Avoid touching your nose, mouth and eyes.



All surfaces are disinfected regularly.



No payment in cash.



Stay home if you have:

- fever
- cough
- shortness of breath
- are in home quarantine
- are in home isolation



Arrive exactly on time.

All bookings should be made online or by phone.

If you need to bring a companion; max 1 person is allowed.

We follow NIPH's directions for treatments.



Valid December 2020 - April 2021,
subject to changes.

FACE

GLOW AND GO 20 MIN

This is a QUICK FIX that includes cleansing, peeling, mask and a gentle scalp massage.

BODY

TRYSIL AROMA TREATMENT 100 MIN

You will get a full body scrub before you get massaged and wrapped into a delicious aroma wrap before ending treatment with a luxurious facial cure.

TRYSIL SIGNATUR 50/80 MIN

Energizing body scrub with refreshing massage of the back and neck. 80 min also includes face cleansing, moisturizing mask and relaxing scalp massage

TRYSIL GLOW 50 MIN

A treatment that leaves your skin with new glow and energy. A full body scrub that removes dry skin cells. Followed by cleansing and peeling of the face.

TRYSIL HEAVEN 50 MIN

In this treatment, the main focus is on the face and scalp. A thorough cleansing is done on face, neck and décolleté, and ends with a heavenly face- and scalp massage.

MASSAGE

We offer massages designed to suit your needs.

AROMA / CLASSIC / THERAPEUTIC MASSAGE 20/50/80 min

AROMA MASSAGE

Light relaxing massage with aroma oils.

Wednesday-Thursday 20 min 755,- | 50 min 1155,- | 80 min 1655,-

Friday-Sunday 20 min 855,- | 50 min 1255,- | 80 min 1855,-

CLASSIC MASSAGE

A Classic massage for complete relaxation.

THERAPEUTIC MASSAGE

A firmer and deeper massage.

Classic and therapeutic massage can be performed with aroma oils for a supplement of 100,-.

MANA LOMI® 50/80/100 MIN

The Mana Lomi® technique is based on Hawaiian concepts of working with the "mana" of the body, mind, and soul of an individual. The central philosophy of Mana Lomi® is that each person is equally divine in every aspect: body, mind & soul. The concept of evaluating the constitution of the whole person and finding the imbalance, allows the lomi practitioner to look at each patient as a unique individual.

Subject to changes.



MOTHER

MOTHER TO BE EXPERIENCE

Relaxing, soothing and energizing treatments especially designed for you who are pregnant. Your therapist will take care of you and embrace your wishes in the best way. Treatments that nourish, moisturize and are overall beneficial for both body and soul.

From week 13 to birth, we can offer you;

- Classic massage
- Trysil Aroma Treatment 100 min

CHILDREN'S SPA

These treatments are suitable for the age group 5-17 years.

MASSAGE FOR THE YOUNGEST 20 MIN

Soft and relaxing massage for small bodies.

Wednesday-Thursday 555,- | Friday-Sunday 655,-

VALLE'S FAVORITE SPA TREATMENT

(incl. Loan of Valle bathrobe, for kids 5-10 yrs)

Valle loves to go to the SPA and this treatment is made by Valle himself with his favorites only. Bubbly footbath, snow mask, light massage and of course Valle's favorite drink.

Wednesday-Thursday 555,- | Friday-Sunday 655,-

Subject to changes.



OPENING HOURS

Monday-Friday	12:00-20:00
Saturday-Sunday	08:00-20:00

BOOKING/CONTACT

BOOKING

Wednesday-Friday	12:00-20:00
Saturday-Sunday	11:00-19:00

CONTACT

E-mail: kulpen.spa@radissonblu.com
Phone: +47 62 44 93 45

ONLINE BOOKING

<http://www.eadministration.dk/kunde/kundelogin.asp?klient=2127>

CANCELLATION

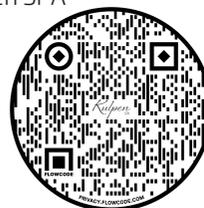
Cancellation must be done at least 24 hours prior to a booked treatment or the treatment must be paid in full. Delayed arrival to your booked treatment will be deducted from your service time.

Kulpen
SPA

ENTRANCE

Entrance to the pool and saunas in Kulpen SPA have to be booked in advance:

<https://kulpenspa.getomnify.com>
Booking opens 1 week in advance.



Please note that if you do not arrive within 30 minutes after your booked entrance time, your booking will be canceled.

Max capacity per group is 40 persons. Duration per group is 1,5 hours.

Adults	NOK	200
Children	NOK	100
Gym only, incl. a small towel:	NOK	100

Entrance to the gym have to be booked in the spa reception, and is not included in the entrance fee for the pool and saunas.

Hotel guests have a 50% discount on the entrance fee to the SPA and the gym.

We care about the environment, therefore we charge extra per towel: large towel 50,- / small towel 30,-

CHILDREN UNDER 12 YEARS OLD MUST BE ACCOMPANIED BY AN ADULT.

Subject to changes.

PRICES

Our treatments are inspired by the nature, clean and fresh from the mountain and are suitable for both men and women. These rates do not include access to the pool and saunas. Entrance to pool and saunas have to be booked in addition, and hotel guests have a 50% discount on the entrance fee.

WEDNESDAY-THURSDAY

20 min	655,-
50 min	1055,-
80 min	1555,-
100 min	1755,-

FRIDAY-SUNDAY

20 min	755,-
50 min	1155,-
80 min	1755,-
100 min	1955,-

EXCEPTIONS:

Aroma Massage and Kid's treatments.

Weekend rates also apply on **holidays**.

Radisson **BLU**
MOUNTAIN RESORT
& RESIDENCES, TRYSIL